

K-6 LUNCH MENU APRIL 2015 (V) Vegetarian Choice with Protein

Monday	Tuesday	Wednesday	Thursday	Friday
<p>30</p> <p>Mozz Cheese Sticks (V) w/ marinara sauce</p> <p>-</p> <p>Potato Rounds Steamed Broccoli Assorted Fruit Ketchup Milk, 1% Unflavored Milk, TruMoo Chocolate</p>	<p>31</p> <p>Cod Nuggets and/or Macaroni & Cheese (V)</p> <p>-</p> <p>Whole Kernel Corn Fresh Veggies w/ dip Dinner Roll Assorted Fruit Ketchup Tartar Sauce Milk, 1% Unflavored Milk, TruMoo Chocolate Cookie</p>	<p>1</p> <p>Hamburger Cheeseburger Garden Burger (V)</p> <p>-</p> <p>French Fries Baked Beans (V) Assorted Fruit Lettuce/Tomato/Pickle Ketchup & Mustard Milk, 1% Unflavored Milk, TruMoo Chocolate</p>	<p>2</p> <p>Chicken Nuggets or Fruit/Yogurt Parfait (V)</p> <p>-</p> <p>Mashed Potatoes (w/ gravy) Green Beans Yeast Roll w/ margarine Assorted Fruit Ketchup Margarine Dipping Sauce Milk, 1% Unflavored Milk, TruMoo Chocolate Brownie</p>	<p>3</p> <p>Slice of Pizza Cheese (V) or Pepperoni</p> <p>-</p> <p>Tossed Garden Salad w/ assorted dressings Whole Kernel Corn Fresh Veggies w/ dip Assorted Fruit Milk, 1% Unflavored Milk, TruMoo Chocolate</p>
<p>6</p> <p>Breaded Chicken Sandwich (Regular/Hot n' Spicy) or SB & J Sandwich (V)</p> <p>-</p> <p>Whole Kernel Corn Fresh Veggies w/ dip Assorted Fruit Lettuce/Tomato/Pickle Ketchup/Mustard/Mayo Milk, 1% Unflavored Milk, TruMoo Chocolate</p>	<p>7</p> <p>Nachos beef and/or cheese (V)</p> <p>-</p> <p>Seasoned Rice Chili Beans (V) Assorted Fruit Lettuce & Tomato Taco Sauce Sour Cream Milk, 1% Unflavored Milk, TruMoo Chocolate Pudding Cup (vanilla or chocolate)</p>	<p>8</p> <p>Corn Dog or Cheese & NutriGrain Snack (V)</p> <p>-</p> <p>Potato Rounds Baked Beans (V) Fresh Veggies w/ dip Assorted Fruit Ketchup & Mustard Milk, 1% Unflavored Milk, TruMoo Chocolate Curious George Snack</p>	<p>9</p> <p>Deli Turkey Sandwich or Grilled Cheese Sand (V)</p> <p>-</p> <p>French Fries Lettuce/Tomato/Pickle Fresh Veggies w/ dip Assorted Fruit Ketchup/Mustard/Mayo Milk, 1% Unflavored Milk, TruMoo Chocolate Cookie</p>	<p>10</p> <p>Slice of Pizza Cheese (V) or Sausage</p> <p>-</p> <p>Tossed Garden Salad w/ assorted dressings Whole Kernel Corn Fresh Veggies w/ dip Assorted Fruit Milk, 1% Unflavored Milk, TruMoo Chocolate</p>
<p>13</p> <p>Pepperoni Hot Pocket or SB & J Sandwich (V)</p> <p>-</p> <p>French Fries Whole Kernel Corn Fresh Veggies w/ dip Assorted Fruit Milk, 1% Unflavored Milk, TruMoo Chocolate Cookie</p>	<p>14</p> <p>Steak Nuggets or Chef Salad (V)</p> <p>-</p> <p>Mashed Potatoes (w/ gravy) Green Beans Yeast Roll w/ margarine Fresh Veggies w/ dip Assorted Fruit Ketchup Milk, 1% Unflavored Milk, TruMoo Chocolate Fruit Crisp</p>	<p>15</p> <p>Hamburger Cheeseburger Garden Burger (V)</p> <p>-</p> <p>Potato Rounds Baked Beans (V) Fresh Veggies w/ dip Assorted Fruit Lettuce/Tomato/Pickle Ketchup & Mustard Milk, 1% Unflavored Milk, TruMoo Chocolate</p>	<p>16</p> <p>Chicken Nuggets or Fruit/Yogurt Parfait (V)</p> <p>-</p> <p>Mashed Potatoes (w/ gravy) Steamed Broccoli Assorted Fruit Ketchup Dipping Sauce Milk, 1% Unflavored Milk, TruMoo Chocolate</p>	<p>17</p> <p>HALF DAY OF SCHOOL GRAB N' GO UPON REQUEST</p> <p>-</p> <p>SB & J Sandwich Raisins Carrot Sticks Milk, 1% Unflavored Milk, TruMoo Chocolate</p>
<p>20</p> <p>Chicken Tenders or Fruit/Yogurt Parfait (V)</p> <p>-</p> <p>Mashed Potatoes (w/ gravy) Green Beans Yeast Roll w/ margarine Assorted Fruit Ketchup Dipping Sauce Milk, 1% Unflavored Milk, TruMoo Chocolate</p>	<p>21</p> <p>Chili Crispito (2) w/ cheese sauce or Cheese & NutriGrain Snack (V)</p> <p>-</p> <p>Seasoned Rice Chili Beans (V) Assorted Fruit Fresh Veggies w/ dip (taco sauce & sr. cream) Milk, 1% Unflavored Milk, TruMoo Chocolate Curious George Snack</p>	<p>22</p> <p>All-Beef Hot Dog w/ relish and onions or Chef Salad (V) w/ assorted dressings</p> <p>-</p> <p>Potato Rounds Baked Beans (V) Fresh Veggies w/ dip Assorted Fruit Ketchup & Mustard Milk, 1% Unflavored Milk, TruMoo Chocolate</p>	<p>23</p> <p>BBQ Roast Turkey Sand or Grilled Cheese Sand (V)</p> <p>-</p> <p>French Fries Fresh Veggies w/ dip Assorted Fruit Ketchup/Mustard/Mayo Pickle Slices Milk, 1% Unflavored Milk, TruMoo Chocolate Cookie</p>	<p>24</p> <p>Slice of Pizza Cheese (V) or Pepperoni</p> <p>-</p> <p>Tossed Garden Salad w/ assorted dressings Whole Kernel Corn Fresh Veggies w/ dip Assorted Fruit Milk, 1% Unflavored Milk, TruMoo Chocolate</p>
<p>27</p> <p>Mozz Cheese Sticks (V) w/ marinara sauce</p> <p>-</p> <p>Potato Rounds Green Beans Fresh Veggies w/ dip Assorted Fruit Ketchup Milk, 1% Unflavored Milk, TruMoo Chocolate</p>	<p>28</p> <p>Crispy Fish Sandwich (V)</p> <p>-</p> <p>Whole Kernel Corn Baked Beans (V) Lettuce/Tomato/Pickle Assorted Fruit Ketchup Tartar Sauce Milk, 1% Unflavored Milk, TruMoo Chocolate Cookie</p>	<p>29</p> <p>Chicken Sandwich (breaded or grilled) or SB & J Sandwich (V)</p> <p>-</p> <p>French Fries Baby Green Peas Fresh Veggies w/ Dip Assorted Fruit Ketchup/Mustard/Mayo Milk, 1% Unflavored Milk, TruMoo Chocolate</p>	<p>30</p> <p>Mini Egg Rolls (V) or Chef Salad (V)</p> <p>-</p> <p>Asian Fried Rice Steamed Broccoli Assorted Fruit Fresh Veggies w/ dip Ketchup Dipping Sauce Milk, 1% Unflavored Milk, TruMoo Chocolate Brownie</p>	<p>1</p> <p>Slice of Pizza Cheese (V) or Sausage</p> <p>-</p> <p>Tossed Garden Salad w/ assorted dressings Whole Kernel Corn Fresh Veggies w/ dip Assorted Fruit Milk, 1% Unflavored Milk, TruMoo Chocolate</p>

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